

A microscopic image of cells, likely stem cells, showing blue nuclei and red/green cytoplasm. The cells are densely packed and appear to be in a state of active division or differentiation.

Stem Cells in Life and Disease: Immortality Inside You

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Splash! Fall 2011

What do you think a stem cell is?

(discuss with people around you)

A stem cell is a cell that can:

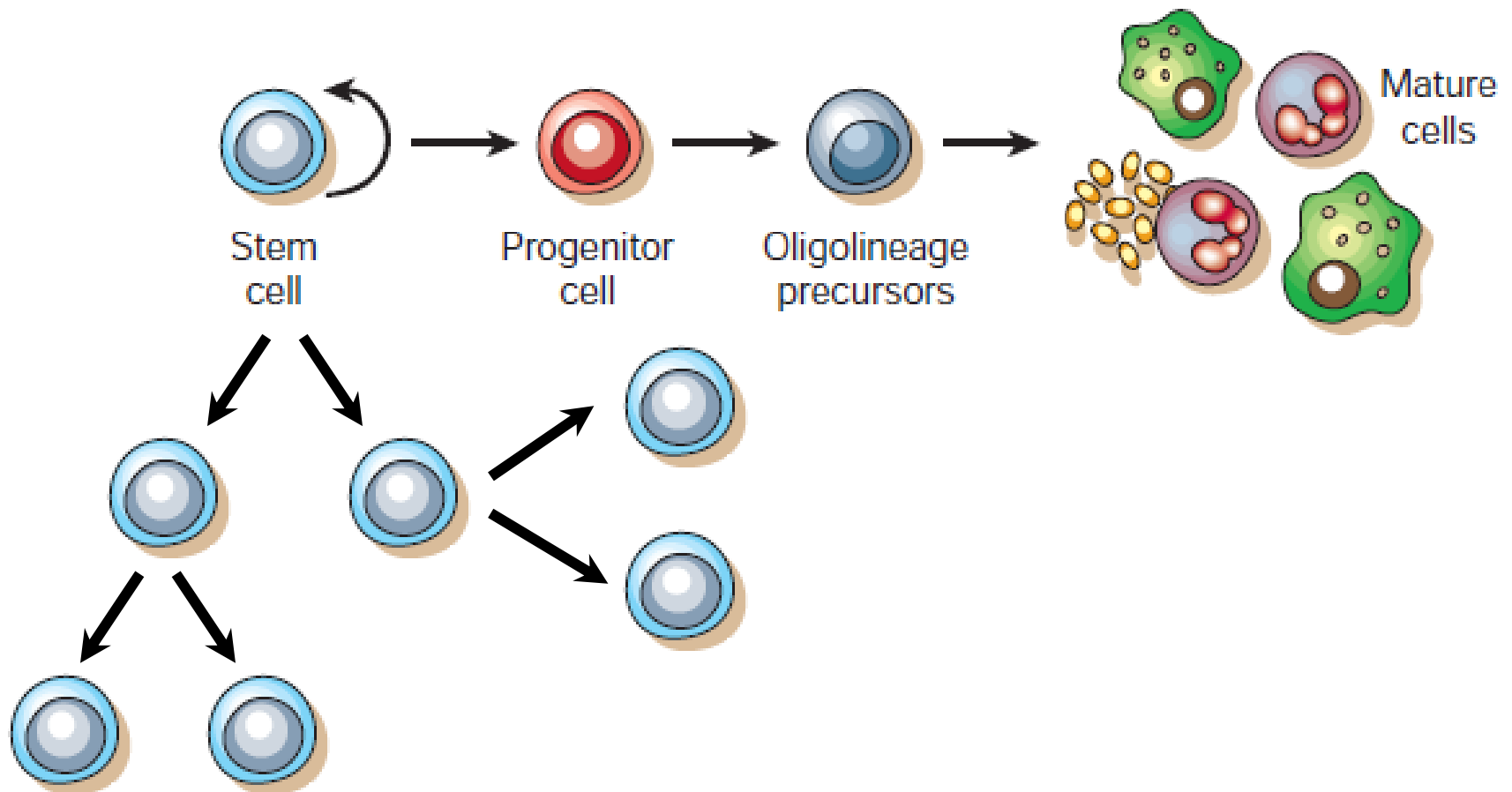
(1) Self-renew.

(2) Differentiate into other kinds of cells.

Stem cells are immortal

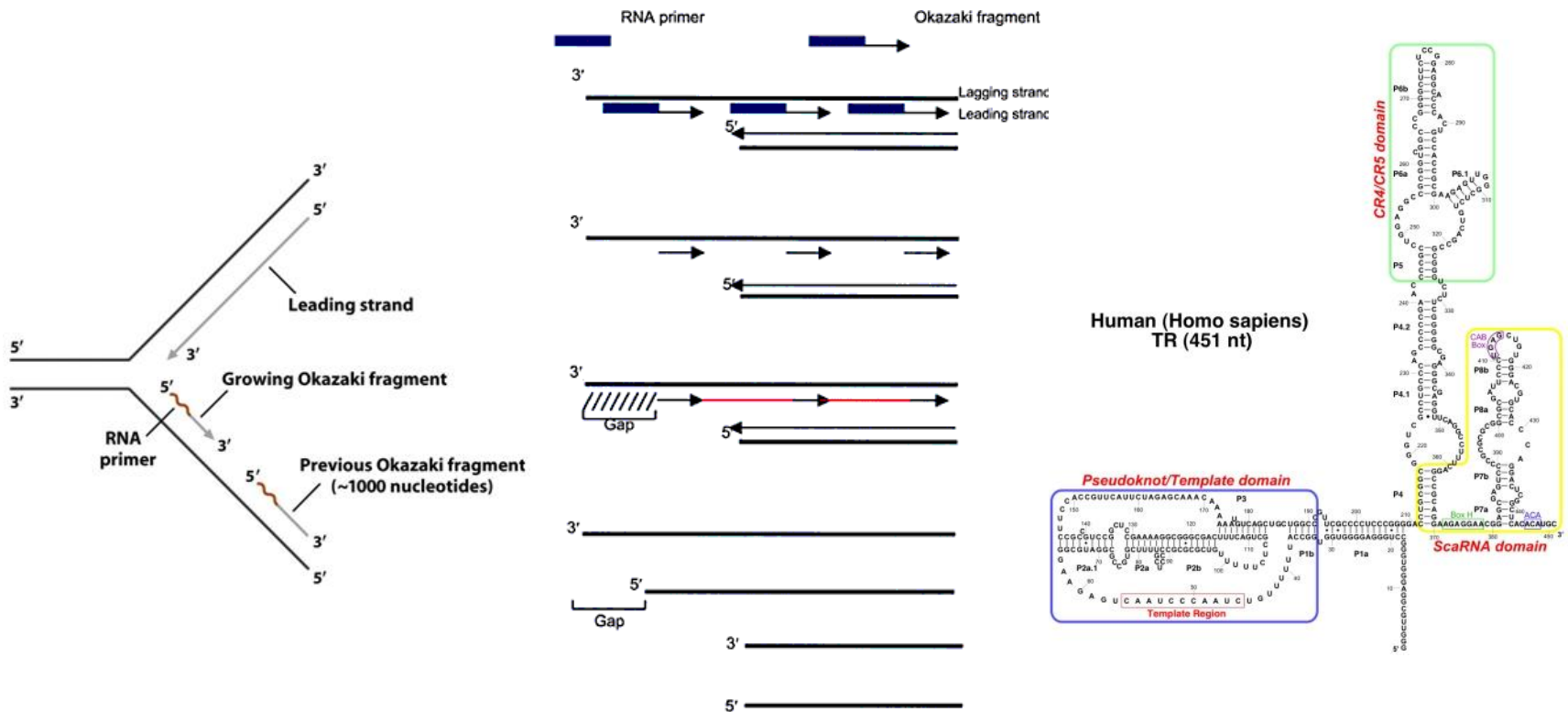
What makes a cell immortal?

1. Self-renewal: the ability to make copies of yourself.



What else makes a cell immortal?

2. Unlimited Replication: the ability to divide forever.



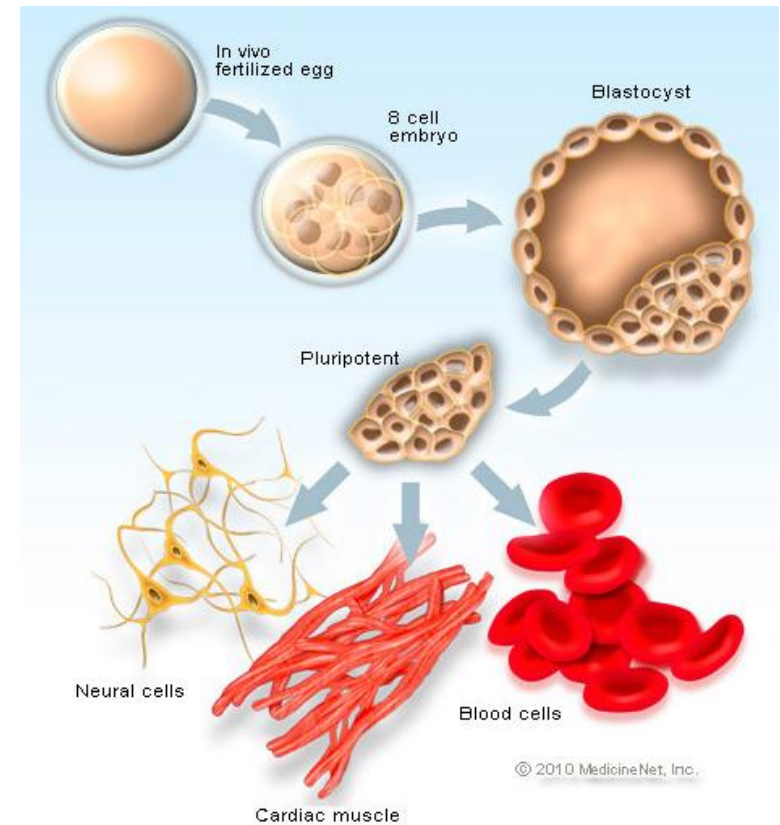
Is there more than one type of stem cell?
If so, how many?

YES!!! There are many types of stem cells, but we still don't know if we've even found them all...

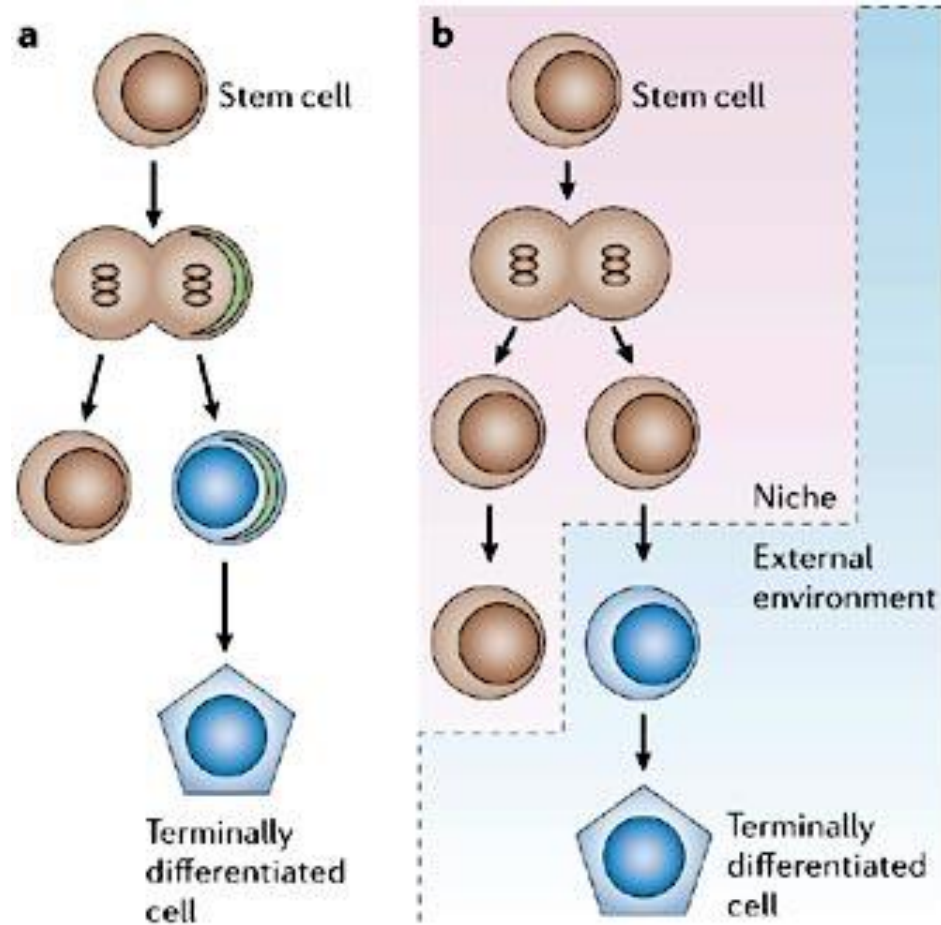
Embryonic Stem Cells

Embryonic stem cells are pluripotent stem cells first seen in the blastocyst that can give rise to the entire organism.

http://www.youtube.com/watch?v=mUcE1Y_bOQE

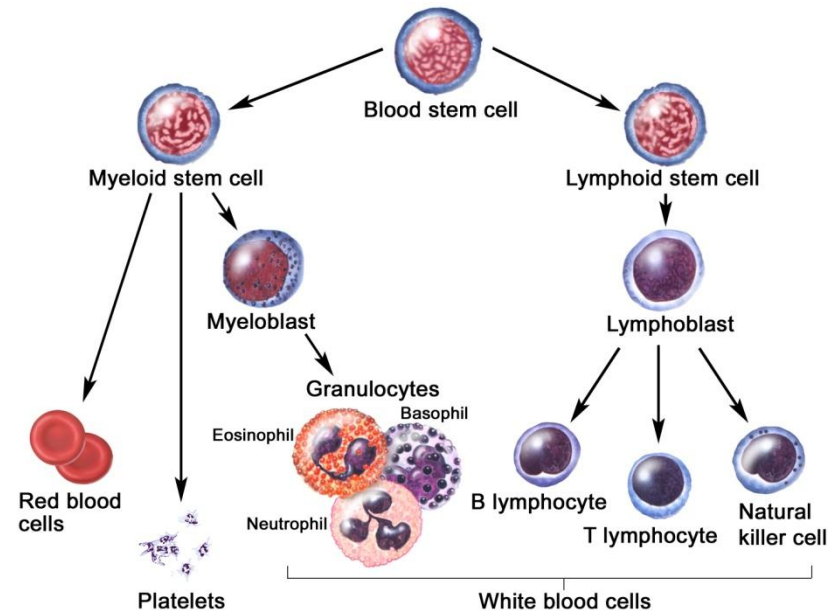


The “lineage” concept



Adult Stem Cells in the blood

Hematopoietic stem cells give rise to all red and white blood cells and platelets.



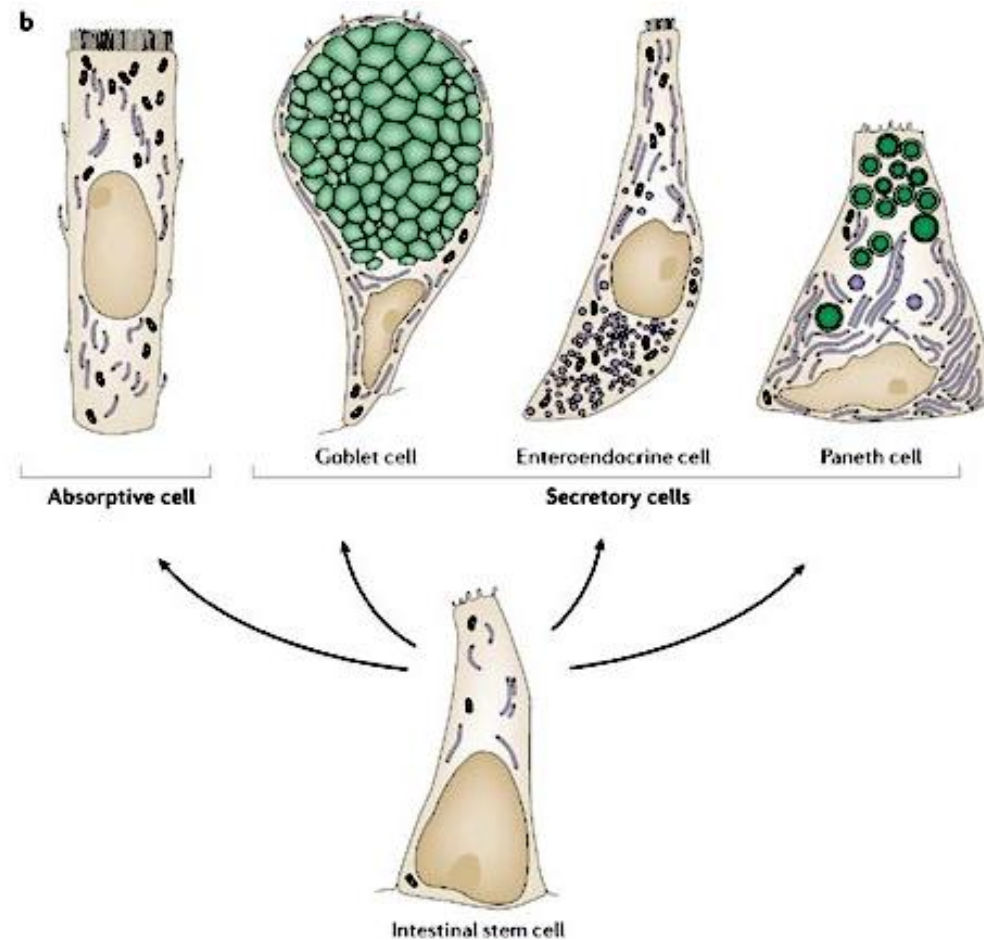
http://www.youtube.com/watch?v=mUcE1Y_bOQE



Adult Stem Cells in the intestine

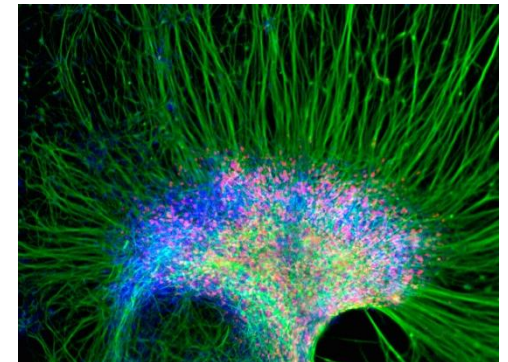
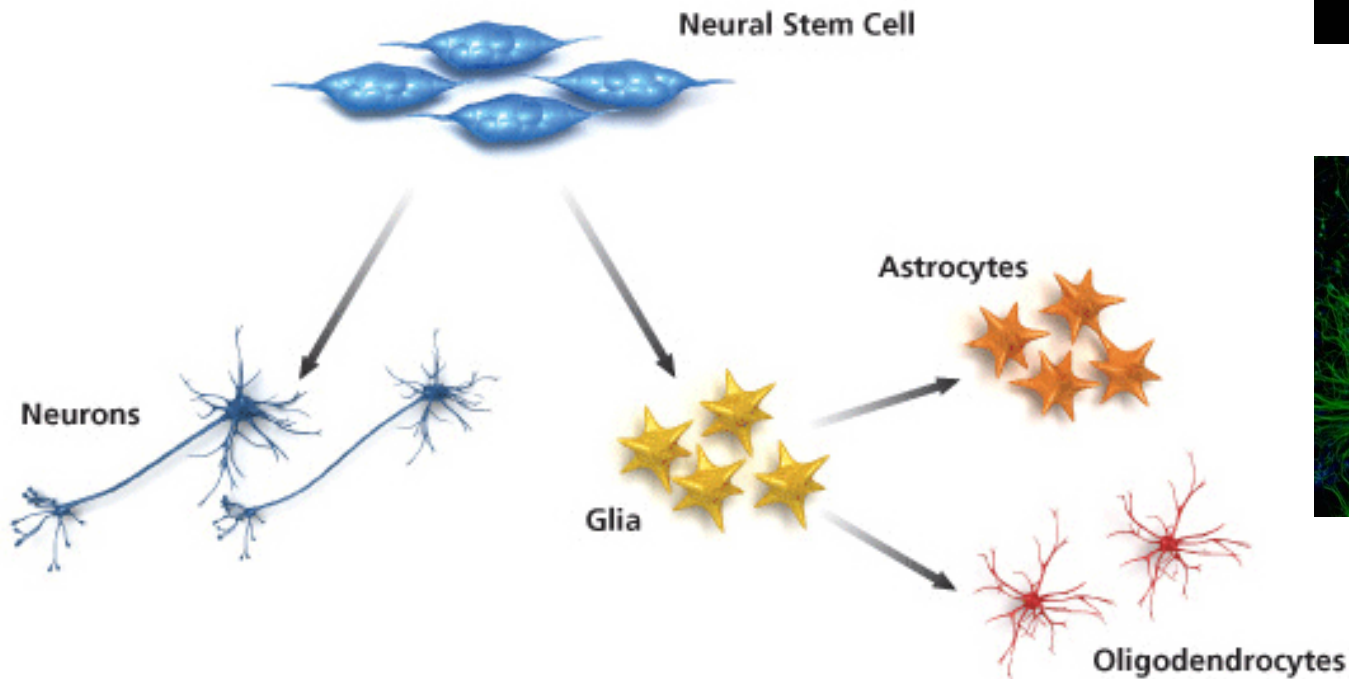
Intestinal stem cells maintain and repair intestinal tissue – they are the most rapidly dividing stem cells in the human body.

http://www.youtube.com/watch?v=mUcE1Y_bOQE

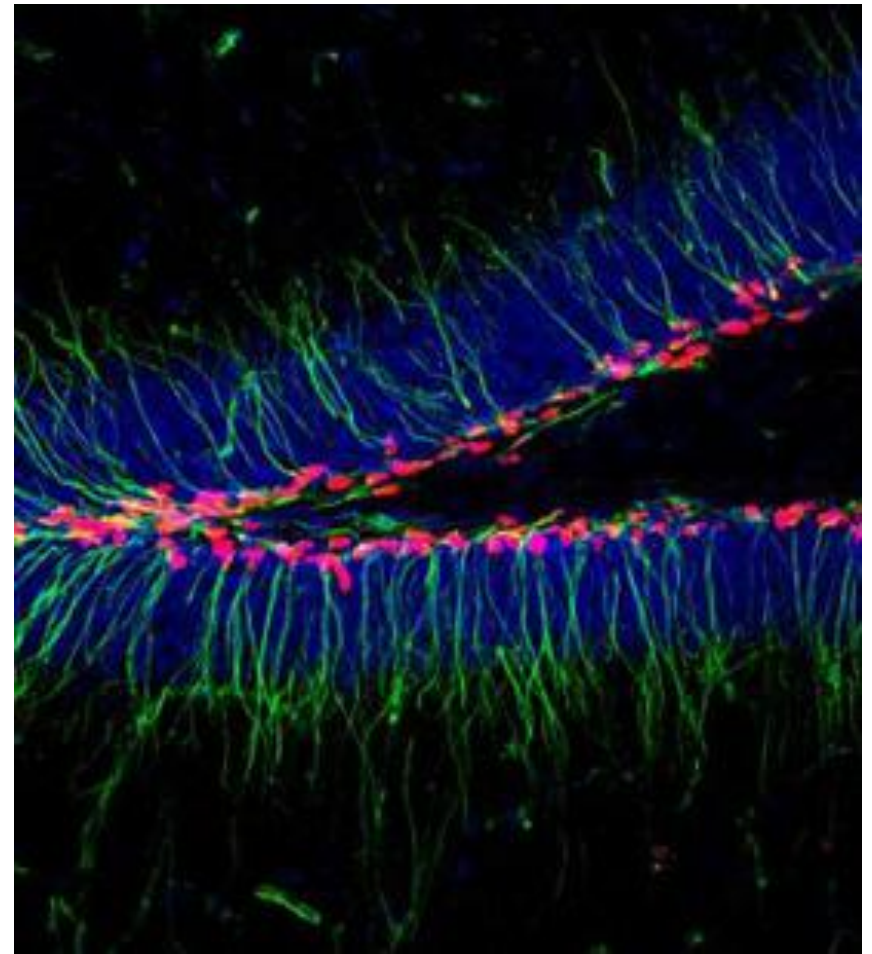
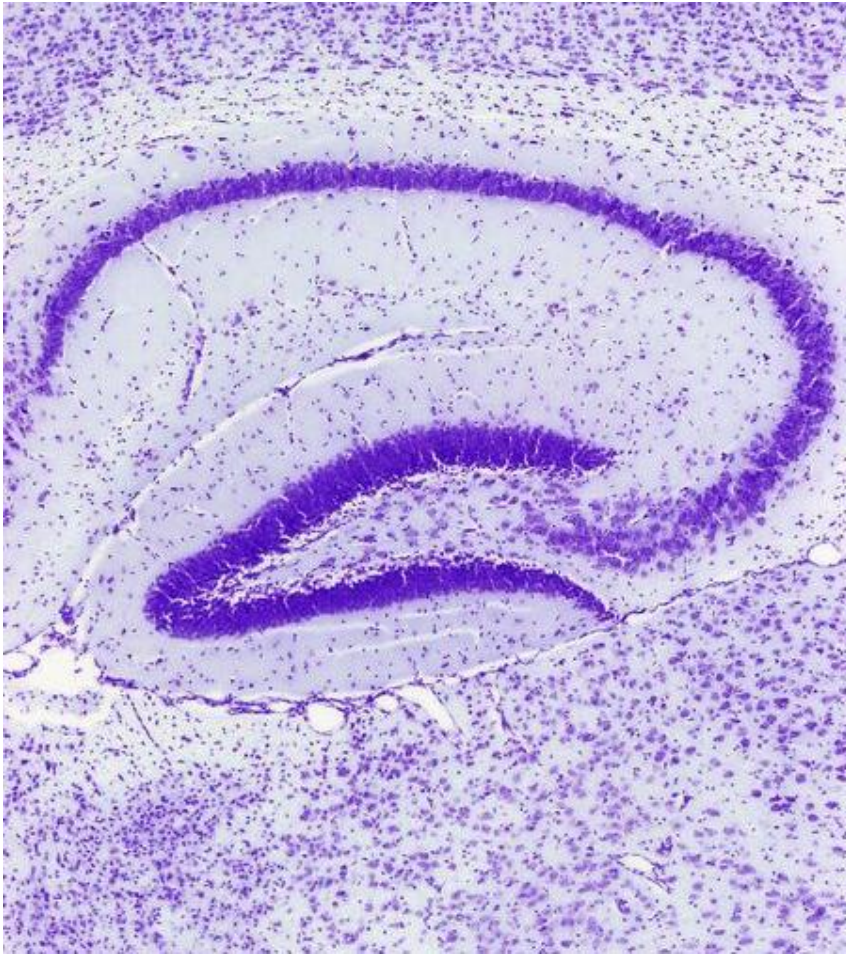


Adult Stem Cells in the brain

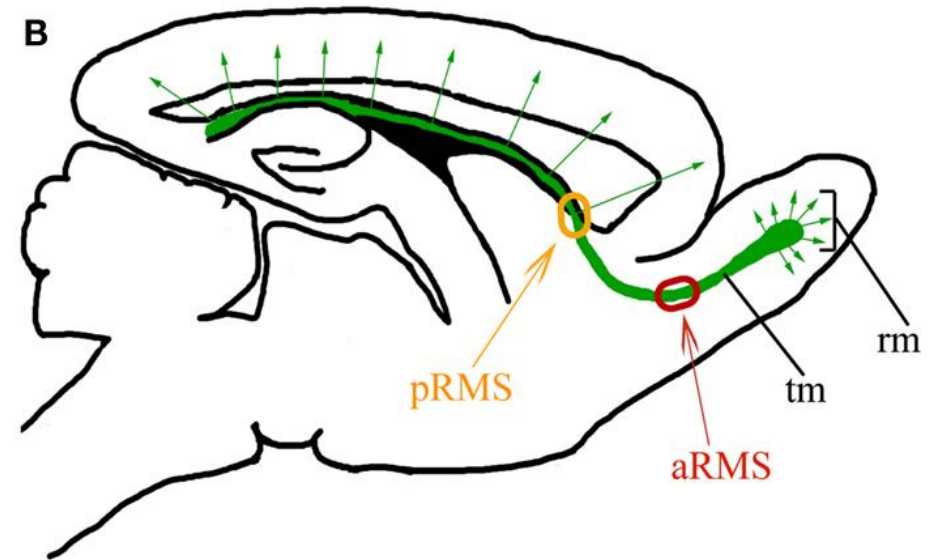
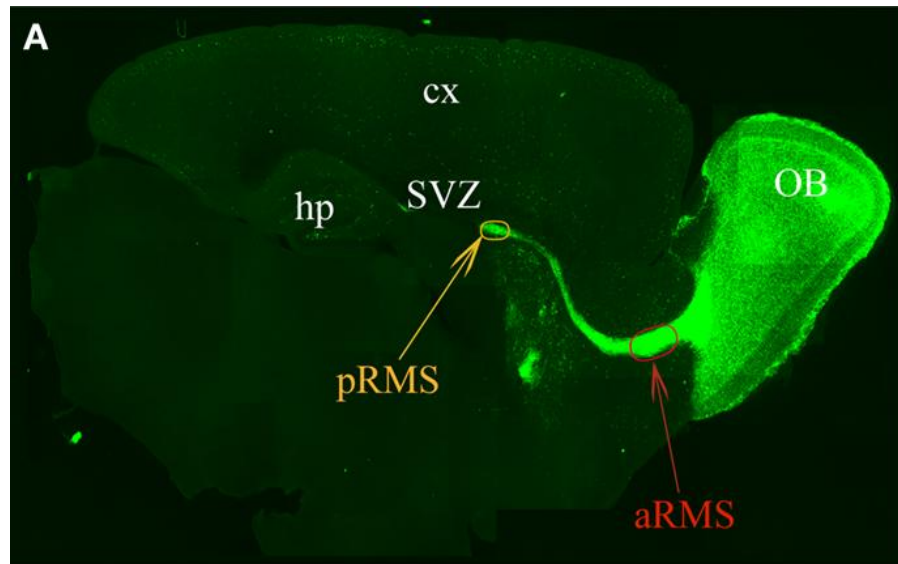
Neural stem cells build neurons, which allow learning and memory, and glial cells in the brain and spinal cord.



Neural stem cells help us remember



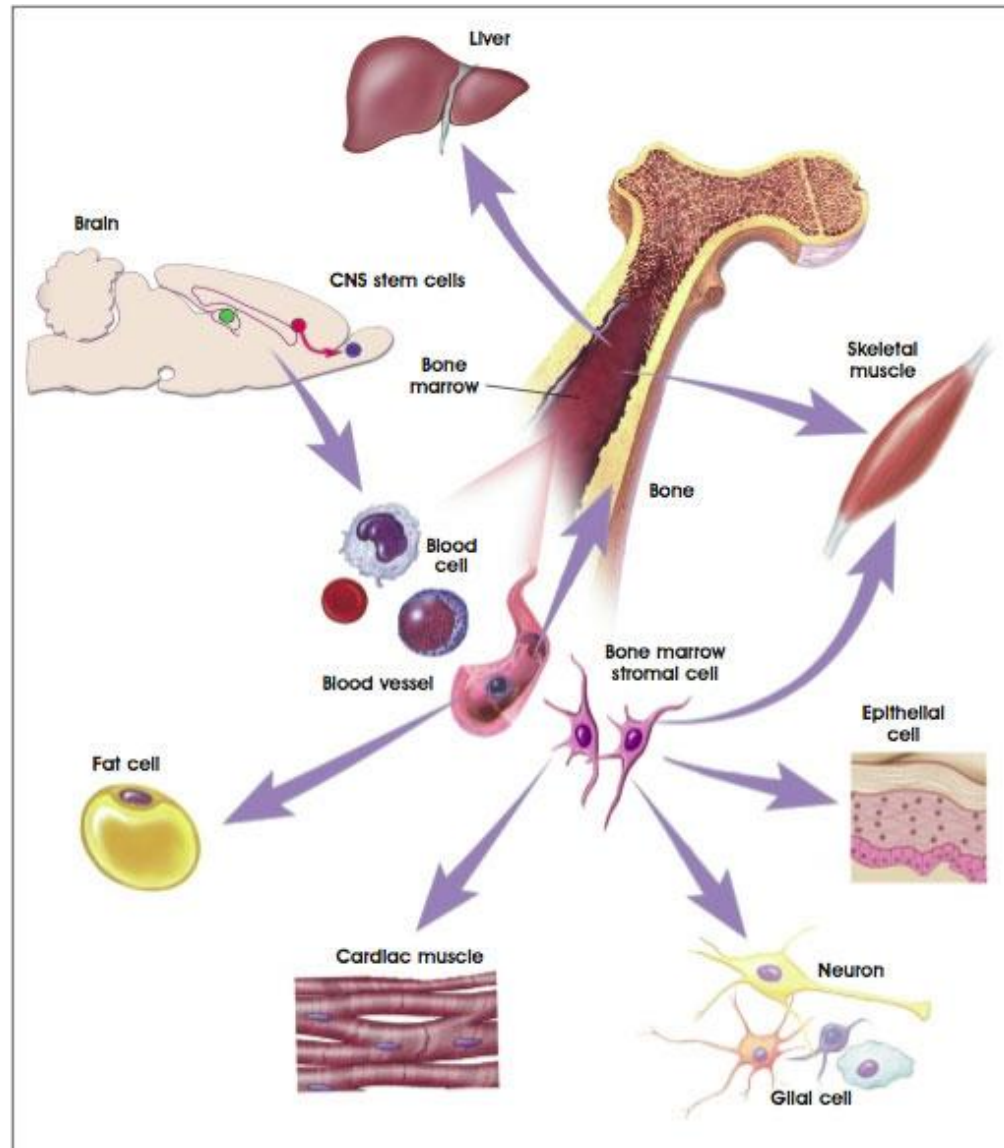
They are important for olfaction (smell)



We can make more of them by changing our habits



They can interconvert (transdifferentiate)



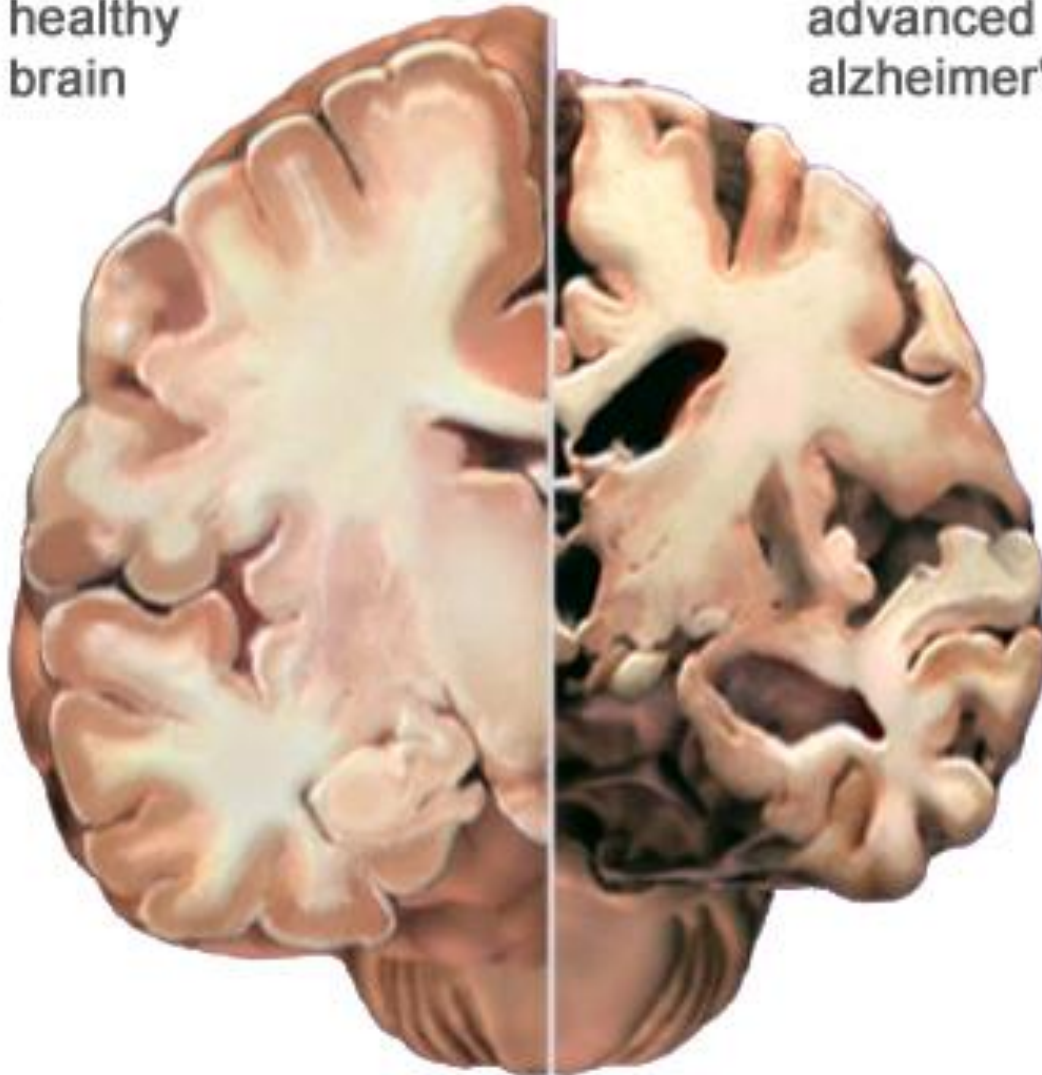
Degenerative Diseases

Alzheimer's disease
Parkinson's disease

Alzheimer's Disease

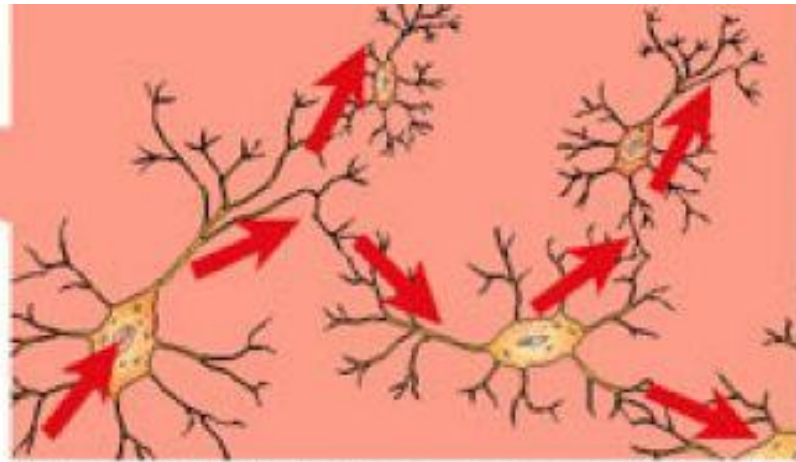
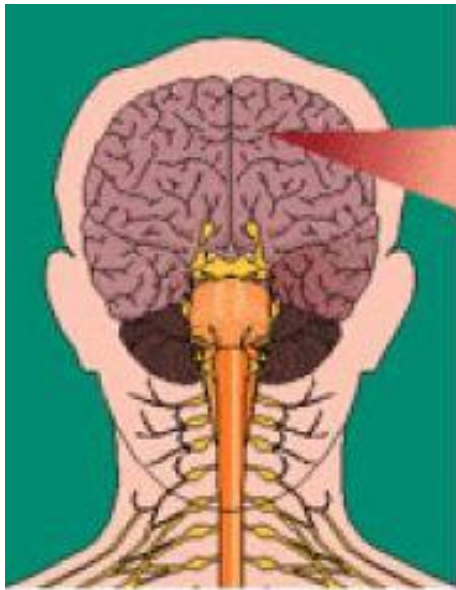
healthy
brain

advanced
alzheimer's

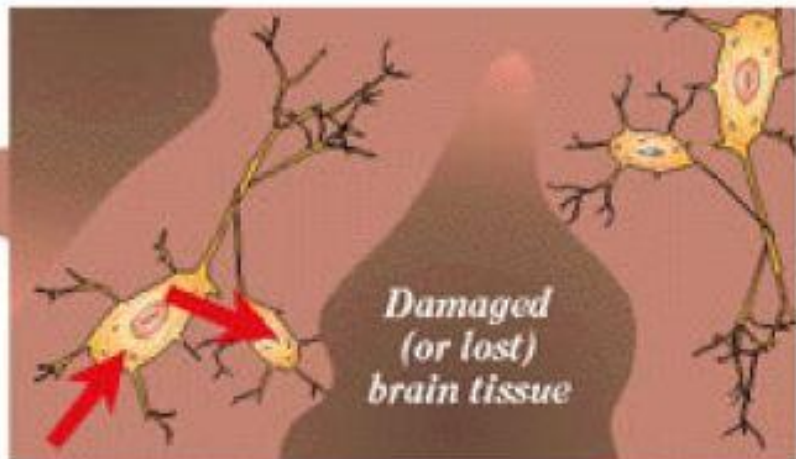
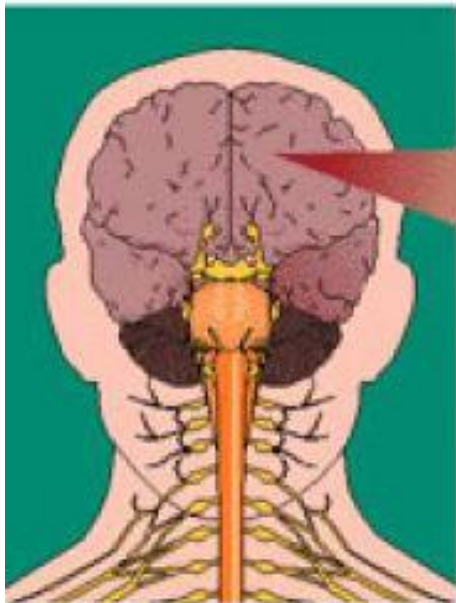


Symptoms



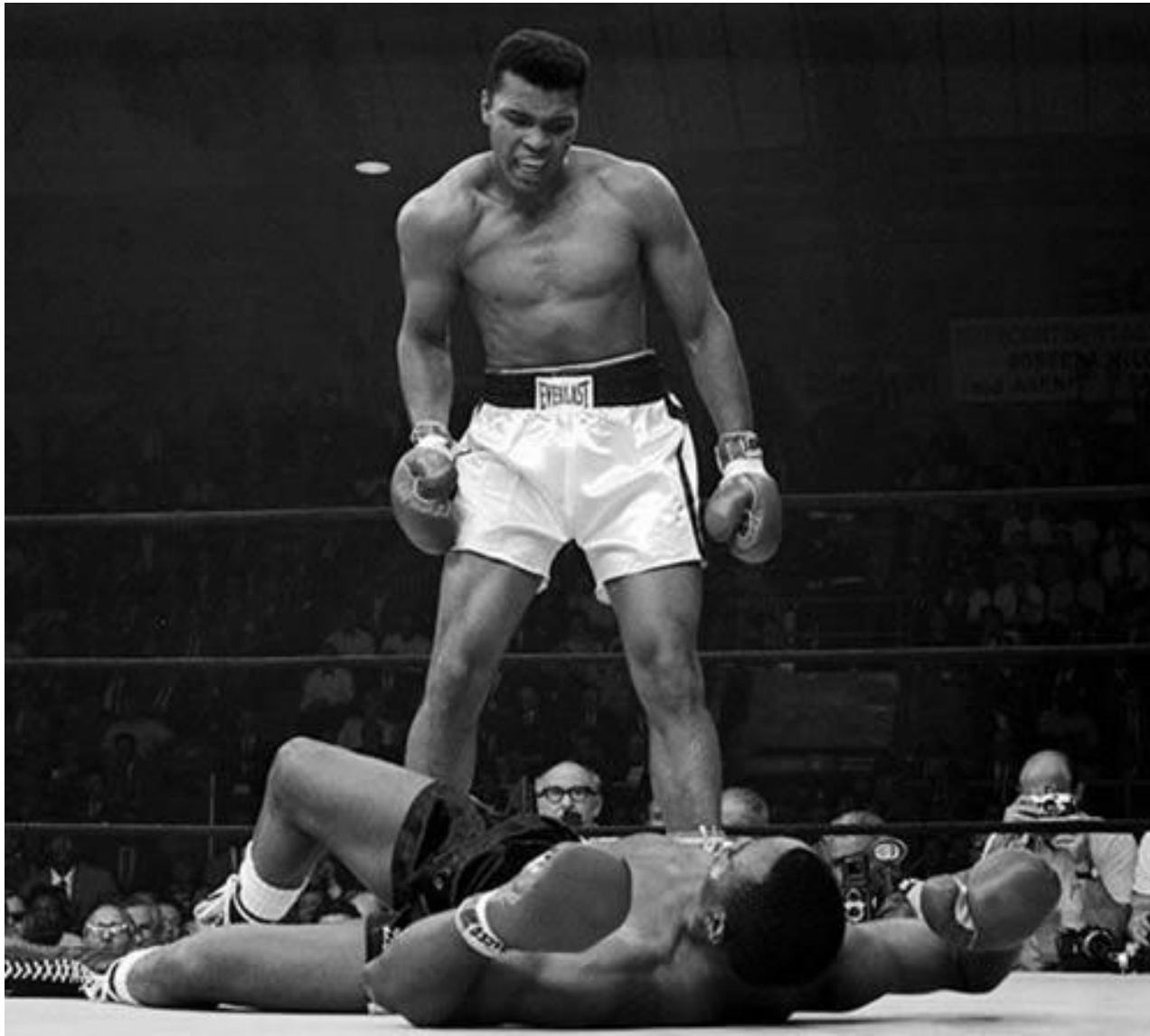


Cells within the brain (*neurons*) transport electrical messages to other parts of the body using chemical transmitters (*neurotransmitters*).



In *Alzheimer's Disease*, areas of the brain tissue are damaged and some messages do not transmit, causing the symptoms of the disease.

Parkinson's disease

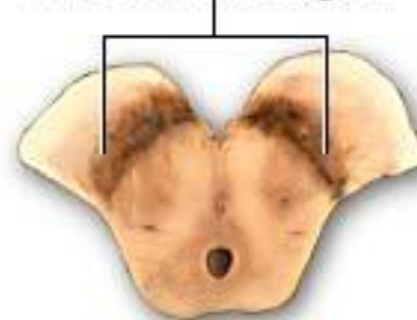


What it looks like

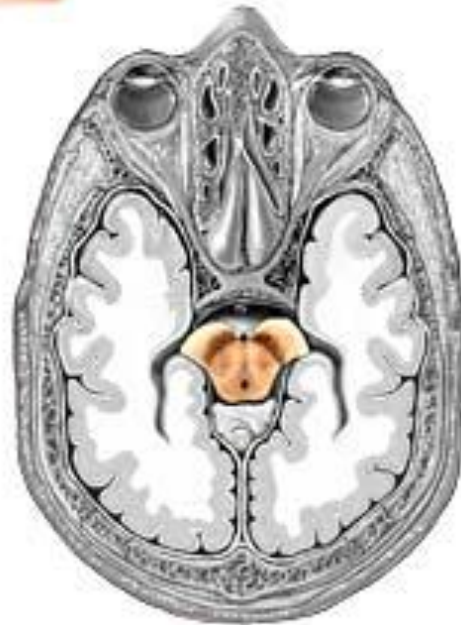
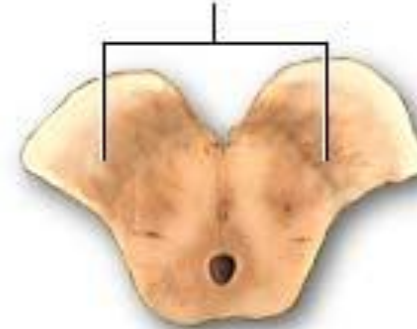


Cut section of the midbrain where a portion of the substantia nigra is visible

Substantia nigra



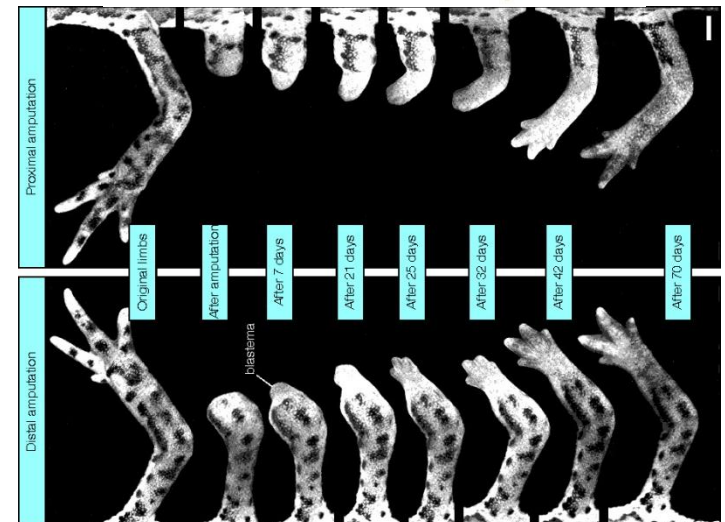
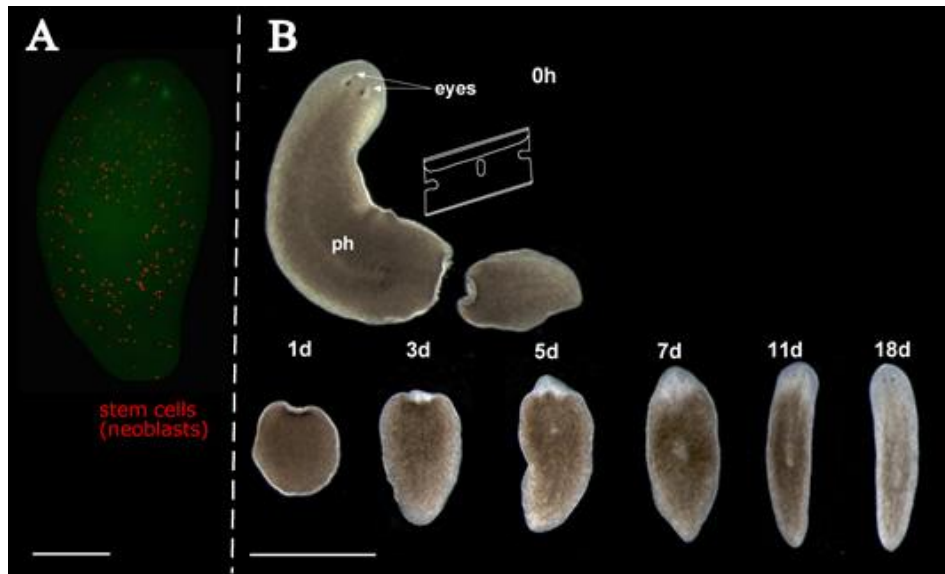
Diminished substantia nigra as seen in Parkinson's disease



Regeneration: Non-Human Examples

Planaria (flatworms) can regrow their entire body! Someone even showed that 1/127 of a worm is sufficient to regrow the whole thing!

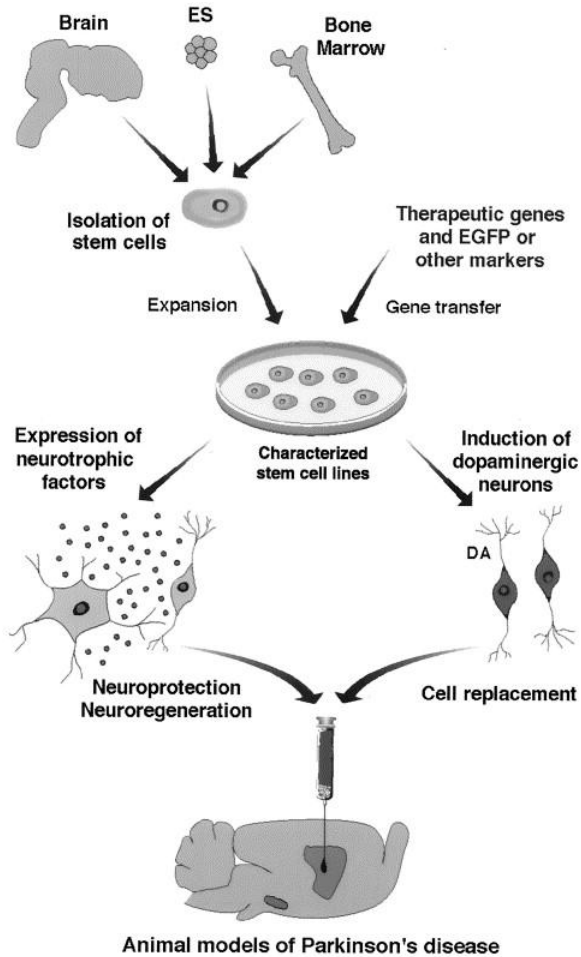
Newts (and salamanders) are vertebrates that can regrow whole limbs, tails, eyes, etc.



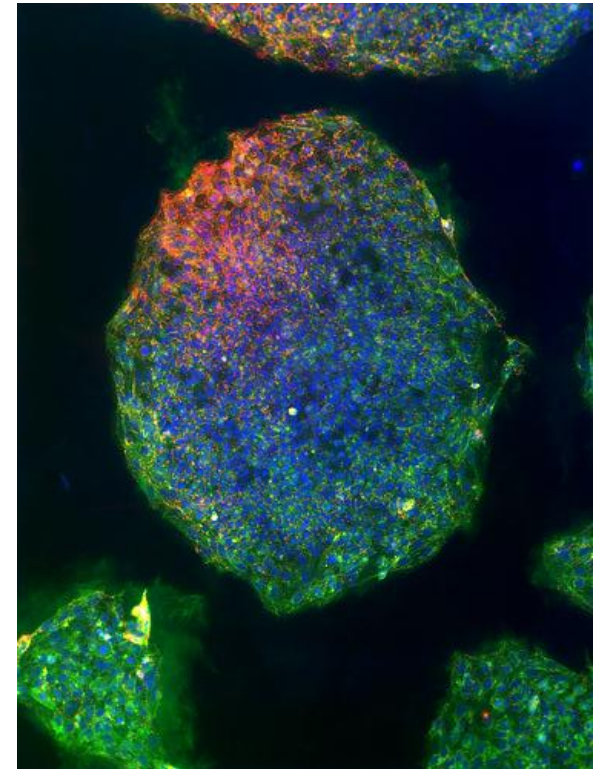
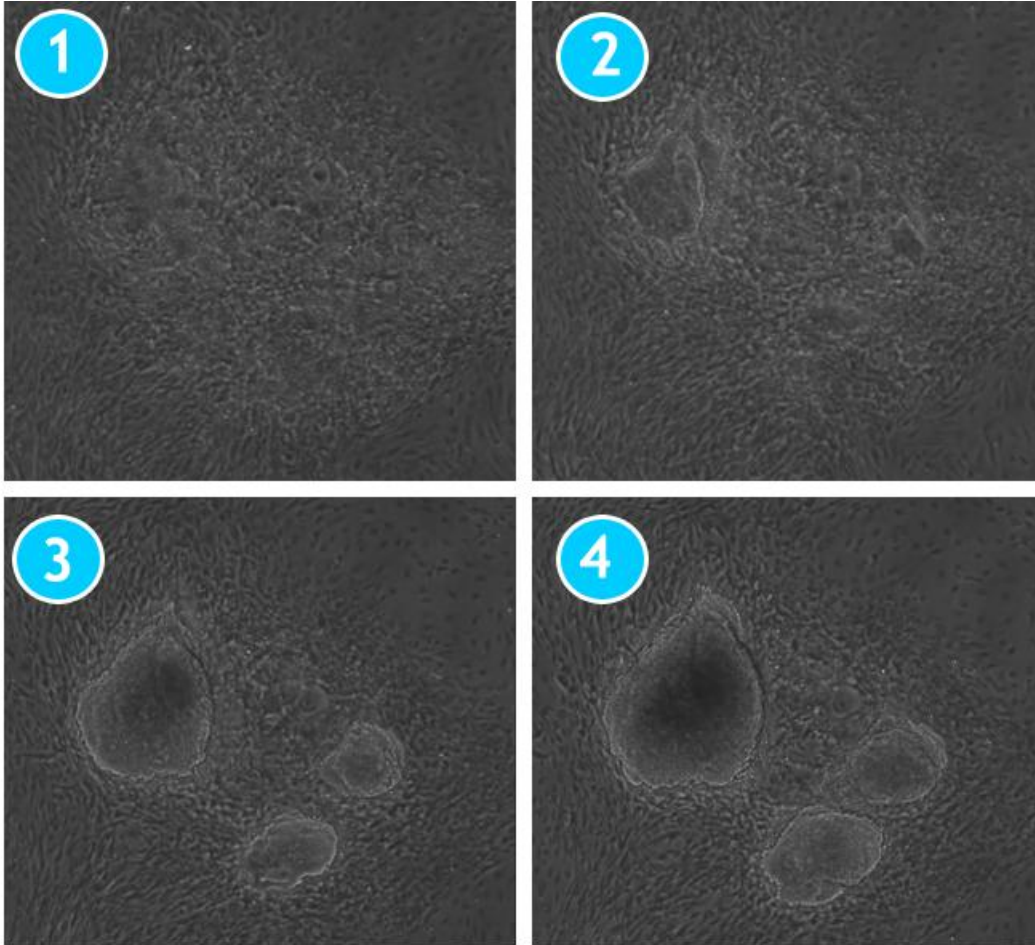
Humans can't naturally regenerate as well as some animals can, so how would you design a regenerative therapy for degenerative diseases like Alzheimer's and Parkinson's?

Many scientists are working on stem cell therapies for this exact purpose.

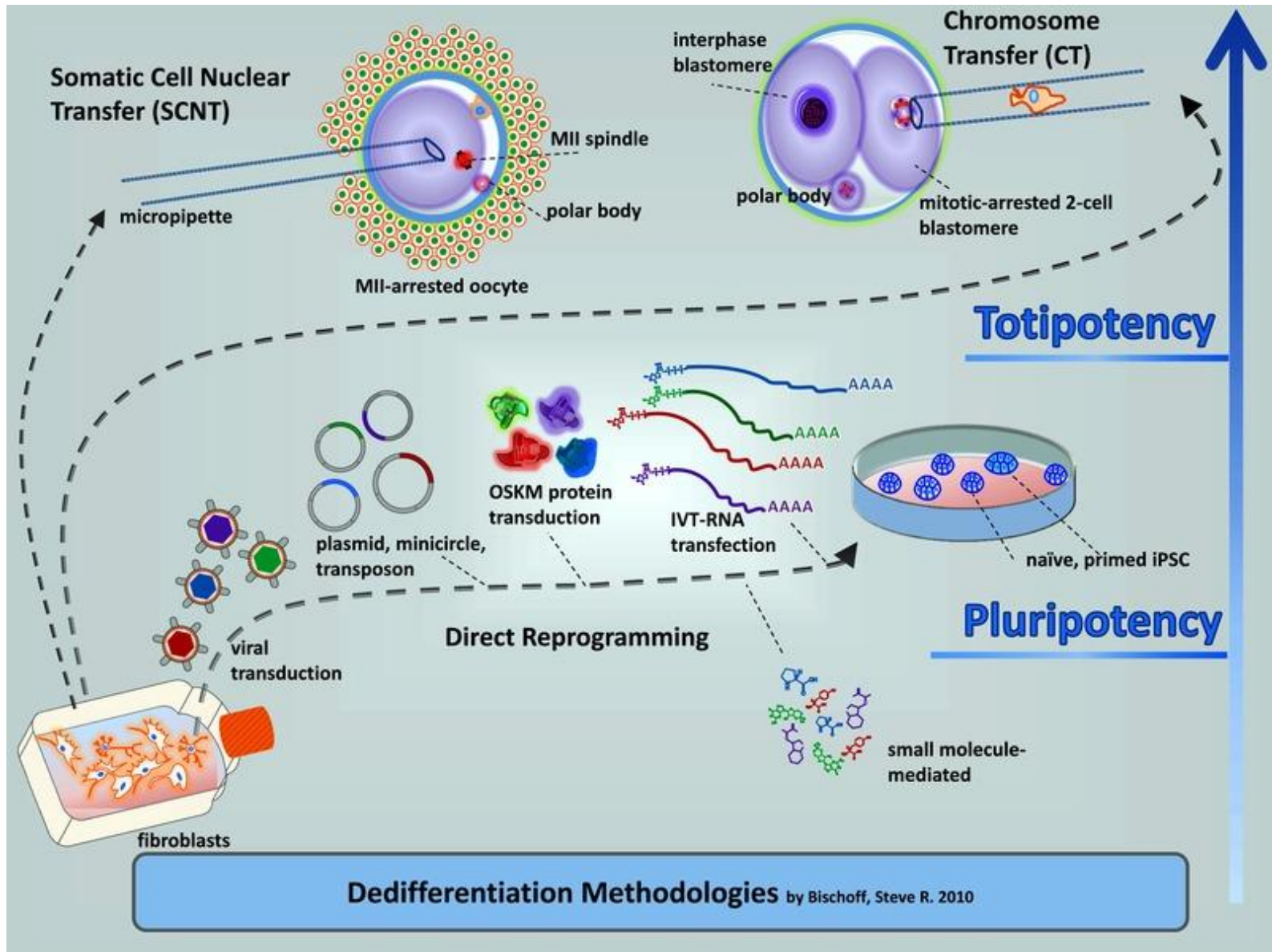
Treating humans with stem cells



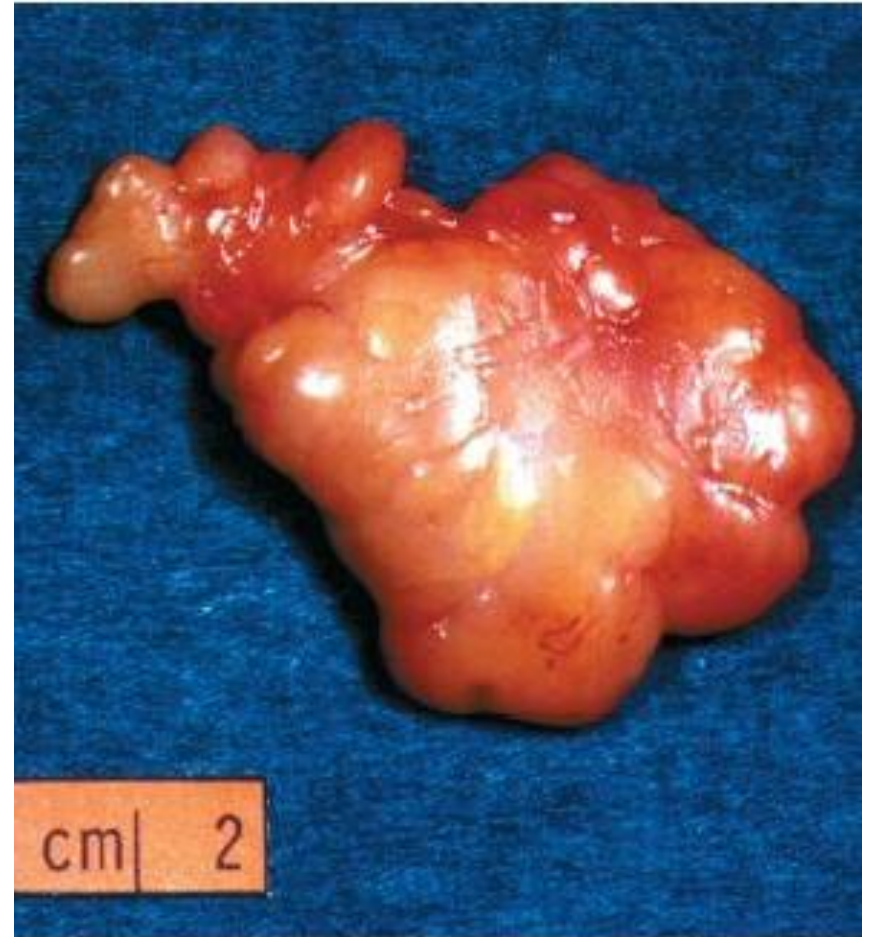
Induced Pluripotent Stem Cells (iPS)



How to make them

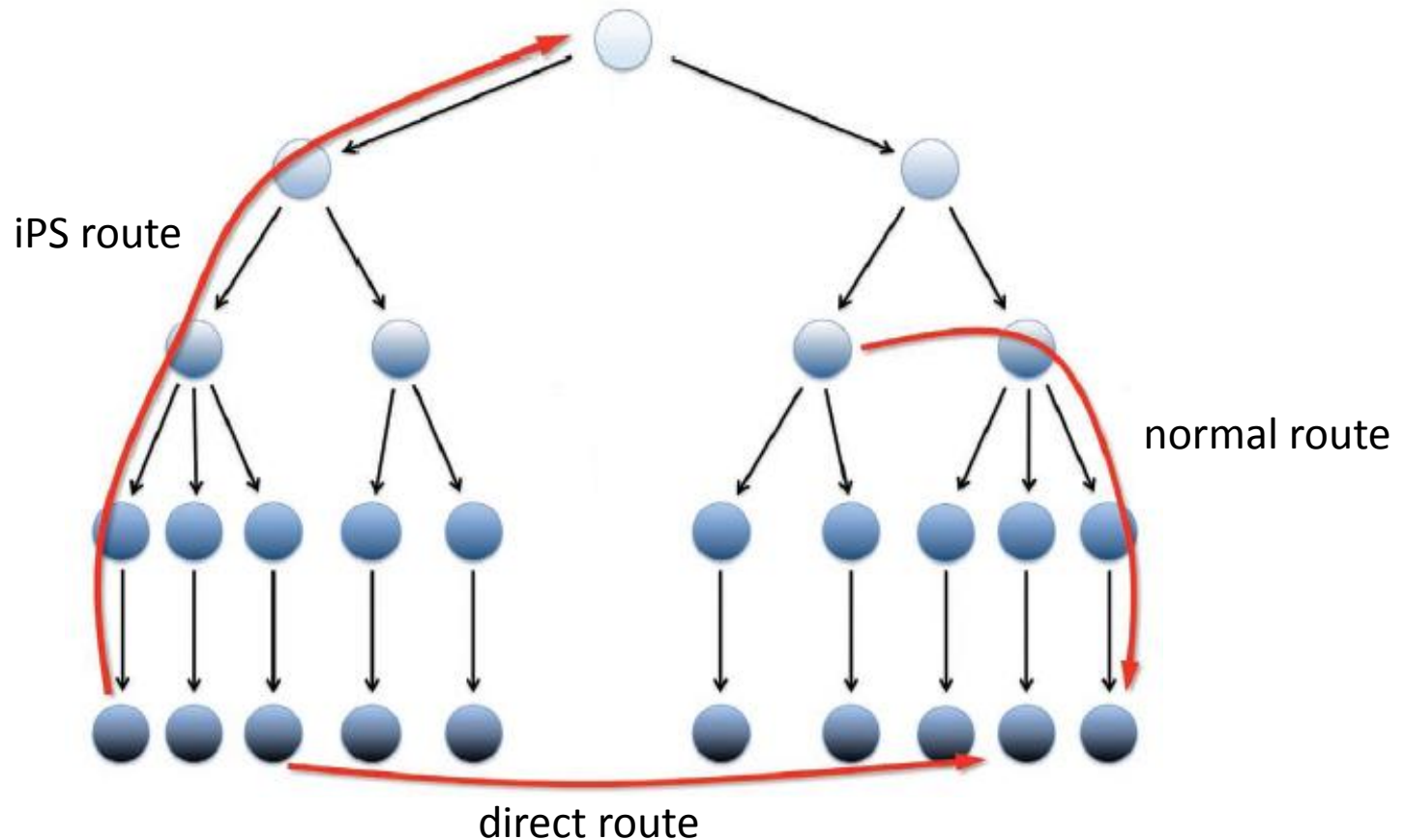


Problems with iPS

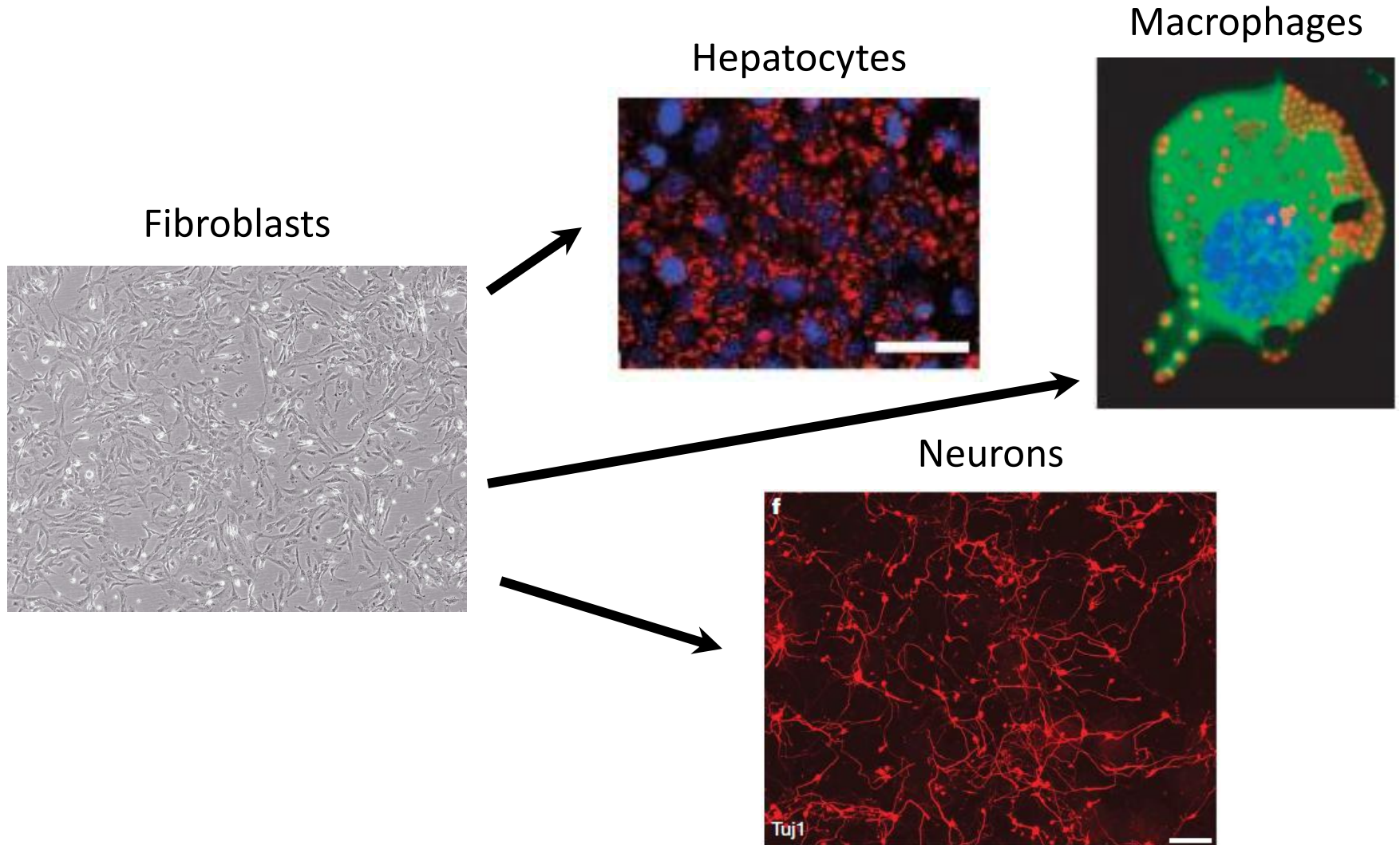


Direct Reprogramming

In addition to converting adult cells “back” into iPS, scientists can now also convert them directly into other cell types.



Examples of direct reprogramming

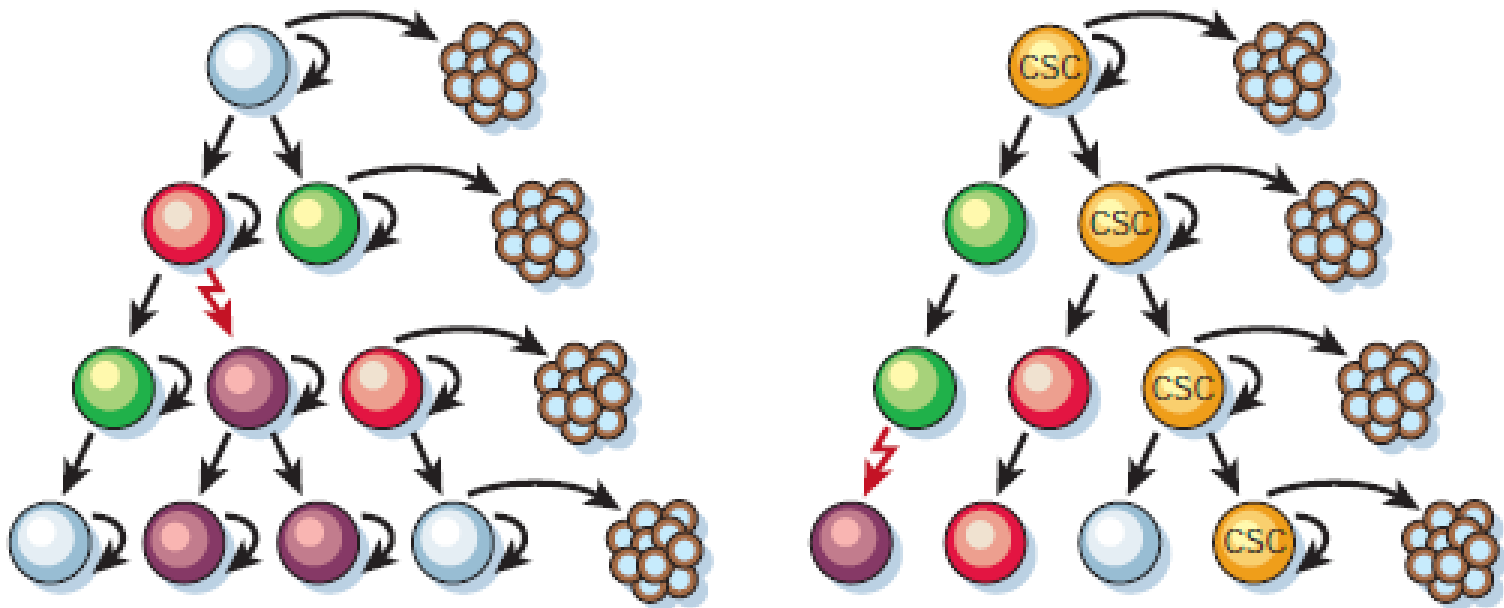


Overproliferative Diseases

Cancer

Stem cells in cancer

One major question in cancer therapy is, do cancers act like normal organs?



Finding cancer stem cells

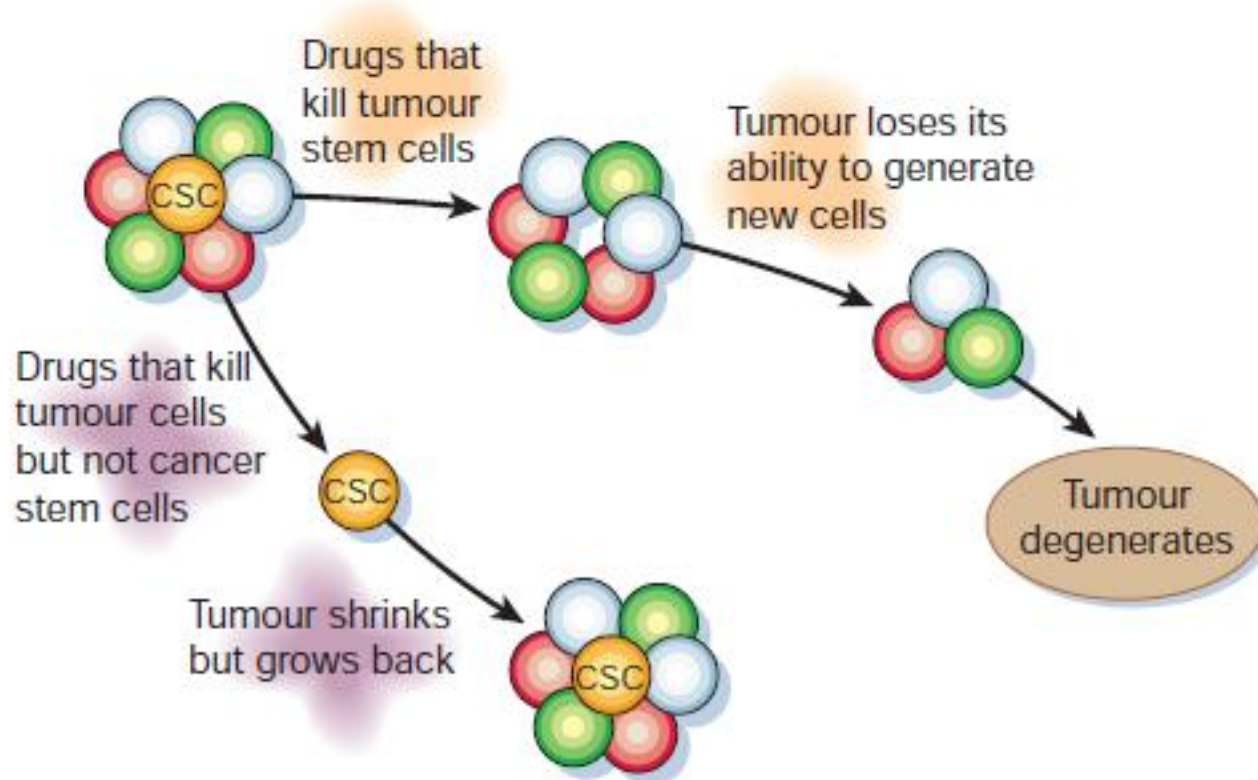
1. Surface Antigens – “flags” that cells express on their surface to identify themselves.
2. Transcription Factors – nuclear proteins that control what genes a cell expresses.

Why are they hard to find?

1. It is difficult to get human tumor samples.
2. Stem cells are different in different tissues (especially in cancer) so it’s difficult to assign permanent CSC markers.

Why would it matter?

If cancers really do have their own stem cells, then we need to start designing smarter drugs to target them.



How would you design a drug that specifically targets cancer stem cells?

Antibodies that target CSC-specific markers can teach the immune system to consider those cells as an infection (immunotherapy).

Because stem cells tend to live in places with lots of blood vessels, anti-angiogenic drugs (like Avastin) might be good at targeting them.

Where is the stem cell field going?

Full genome sequencing now allows us to figure out entire gene networks that give stem cells their unique functions, as opposed to looking at one gene at a time.

Dedifferentiation and transdifferentiation have now been observed to occur naturally in both humans and other animals, so scientists are trying to figure out how and why this happens.

Reprogramming (iPS or direct) tends to introduce mutations into the genome that can be damaging, so scientists are trying to find ways to reprogram cells less invasively for clinical use.

And much, much more...

The End!

Questions? (about anything)

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